

Nutrition Information*

Serving size: 25gm - 90 servings per container

Amount	Per 100gm	Per 25gm serving
Energy k Calories	400	100
k Joules	1680	420
Protein	78gm	19.5gm
Carbohydrate	5.8gm	1.4gm
Fat	7gm	1.8gm
of which saturated	5gm	1.2gm
mono unsaturates	2gm	0.4gm
poly unsaturates	trace	trace
Sodium	144mg	36mg
Potassium	355mg	89mg
Digezyme	160mg	40mg
Lactospore	200 Million Spores	50 Million Spores

*Typical values, actual values may vary.

Natural Whey Typical Amino Acid Profile

Amino Acid	mg amino acid/g protein
Alanine	47
Arginine	22
Aspartic Acid	102
Cystine	22
Glutamic Acid	199
Glycine	16
Histidine	17
Isoleucine**	61
Leucine**	102
Lysine*	88
Methionine*	22
Phenylalanine*	33
Proline	62
Serine	47
Threonine†	63
Tryptophan†	13
Tyrosine	27
Valine**	57

*Branch Chain Amino Acid

†Essential Amino Acid

Ingredients: Ultra filtered whey protein concentrate & cross flow micro filtered whey protein isolate, Lecithin, Muscle Drive™ (peptide bonded glutamine (derived from wheat protein), hydrolysed whey protein (degree of hydrolysis 30%)), cocoa powder (chocolate flavour only), nature identical flavourings, natural colourings (betanine (beetroot red - strawberry flavour only), beta carotene (banana flavour only)), Digezyme* (digestive enzyme blend), Lactospore* pro-biotics.

Instructions for use: Take 2 measures (approx 25gms) and mix with 300ml of water of skimmed milk.

Suitable for vegetarians.

Consume 2-3 servings daily.

Store in a cool dry place.Visit www.reflex-nutrition.com for more information.

reflex®

natural whey

Instant mixing flavoured protein powder
Contains no artificial colourings,
flavourings or sweeteners

90
servings

Net Weight 2.27kg e

Flavour: See Lid

Best Before: See Side

High protein sports nutrition drink mix with flavourings and colourings.

Natural Whey from Reflex Nutrition. Completely free from artificial sweeteners, flavourings and colourings.

Reflex Natural Whey, just like our famous Instant Whey, has one of the highest biological values of any protein supplement on the market today. This is due to it's excellent amino acid profile, protein fraction content and superior digestibility. Natural Whey contains our new Muscle Drive™ formula; this is a special peptide complex that provides peptide bonded glutamine and whey protein hydrolysate to quench your muscle's need for glutamine & branch chain amino acids.

We believe that what separates Natural Whey from the competition is very important. We do not add any maltodextrin, sugars, salt or guar gum, but we do add Digezyme enzymes which have been extensively studied and shown to enhance protein digestion as well as Lactospore pro-biotics, similar to those found in popular yoghurt drinks which can help to maintain a healthy gut.

If you're interested in the ingredients used in the supplements you buy, you will hopefully agree that these are very important differences.

Quality Statement

Reflex aim to exceed your expectations. In monthly independent tests undertaken to ensure we meet our label claims, we consistently exceed the claimed level of 78% protein by up to 5% whilst most other brands fall short of theirs.

All Reflex Nutrition products are made in our state of the art factory here in the U.K in accordance with ISO9001 procedures. We also randomly drug test batches of Natural Whey along with all Reflex products in accordance with ISO17025. Reflex Nutrition cares for the environment. The electricity used at our factory is 100% green renewable energy. Please remember to recycle this container.

Made in the U.K by:

Reflex Nutrition Ltd,
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121-131 Conway Street,
Hove, BN3 3LA

www.reflex-nutrition.com